

Urgent News Release #8

Richland County Emergency Management

Darin Gudgeon, Director

(608) 647-8187

darin.gudgeon@co.richland.wi.us

Rose Kohout, Health Officer

(608) 649-5965

rose.kohout@co.richland.wi.us

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RICHLAND COUNTY ADDRESSES CITIZENS MENTAL HEALTH

Richland Center, WI: If all the talk about COVID-19 is making you feel frightened or overwhelmed, contact the Substance Abuse and Mental Health Services (SAMHSA) Disaster Distress Helpline at 1-800-985-5990 or text TalkWithUs to 66746. The SAMHSA Disaster Distress Helpline provides 24/7 365 day-a-year crisis counseling and support to people experiencing emotional distress related to any natural or human-caused disaster. This toll-free, multilingual, and confidential crisis support service is available to all residents of the United States and its territories.

Richland County Health & Human Services continues to offer mental health phone crisis services through Northwest Connections. Feel free to contact this confidential, local 24/7 mental health service at 1-888-552-6642 24.

Richland County is working on the creation of a “Frequently Asked Questions” section on their COVID-19 website at <https://covid.co.richland.wi.us> to address citizens’ concerns. For the most up-to-date COVID-19 information, follow Richland County Health & Human Services on Facebook or consult the following websites:

- ❖ Richland County:
<https://covid.co.richland.wi.us>
- ❖ Wisconsin Department of Health Services:
www.dhs.wisconsin.gov/covid-19
- ❖ Centers for Disease Control and Prevention:
www.cdc.gov/coronavirus/2019-ncov/